

November 28, 2007

Mayfair Mining & Minerals, Inc. appoints an additional Advisory Board Member.

Mayfair Mining & Minerals, Inc. (MFMM-Pink Sheets, M1M-Frankfurt) is today pleased to announce the appointment of Martin Stefan Oczlon, PhD to the Advisory Board of the Company.

Mr. Oczlon, a resident of Heidelberg, Germany, holds a PhD and Diploma in Geology attained at Heidelberg University.

He is currently a Director & Vice President of Exploration for Aldridge Minerals Inc., www.aldrigeminerals.com trading on the TSX -V Stock Exchange in Canada under the symbol AGM. He has been responsible for the development of the high-profile exploration program and acquisition of mining assets for Aldridge in Turkey from 2003 to 2007. He was also responsible for the initiation and supervision of an independent NI-43-101-report which stated that 7.45 million tonnes of ore were contained on Aldridge's flagship gold-silver-copper-lead-zinc VMS-project at Yenipazar and an estimated 1.5 million ounces of gold-equivalent resources during May 2007.

He also discovered an estimated 15 million tonne extension of the orebody at Yenipazar which became the start of an independent NI-43-101-compliant Preliminary Economic Assessment.

Previously, Mr. Oczlon operated a very large copper-gold exploration license with an area of 2,500 square kilometers for a private company in Romania, which was obtained from BHP Billiton in 1999. He instigated the sale of the project resulting in a 200% profit in June 2002, during the mining industry depression period.

Prior to this, he worked for BHP during 1992-1999 and was involved in a major copper-gold discovery in Pakistan currently being developed by Antofagasta Mining & Barrick Gold which has been reported to contain resources of 11.8 million tonnes of copper and 21.3 million ounces of gold.

It is expected that Mr. Oczlon will advise the Company on geological issues related to Mayfair's anticipated mining project acquisitions in Zambia and elsewhere in Southern Africa. We also expect that he will assist the Company regarding anticipated new potential mining development opportunities within the Southern African Development Community, as they become available.

The Company is also pleased to report rapid progress on the development of its amethyst mining operations in the Mapatizya district near Lake Kariba, the principal amethyst producing area of Zambia. The Company is gearing up to increase production and sales in the coming year which is expected to generate revenues and potential substantial profits.

Clive de Larrabeiti, President of Mayfair Mining & Minerals, Inc. stated:

"I am delighted to have someone with the experience and qualifications of Mr.Oczlon join us as an Advisor at this stage in the Company's rapid growth and corporate evolution. We anticipate that Martin will provide valuable advice regarding the corporate development and the geology of the Company's present and future metals and gemstone assets as well as assisting in our relationships within the German and Canadian investment communities"

On behalf of the Board of Directors,

Clive de Larrabeiti
CEO & President

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SAFE HARBOR STATEMENT

This news release may include forward-looking statements within the meaning of Section 27A of the United States Securities Act of 1933, as amended, and Section 21E of the United States Securities Act of 1934, as amended, with respect to achieving corporate objectives, developing additional project interests, the Company's analysis of opportunities in the acquisition and development of various mining project interests and certain other matters. These statements are made under the "Safe Harbour" provisions of the United States Private Securities Litigation Reform Act of 1995 and involve risks and uncertainties which could cause actual results to differ materially from those in the forward looking statements contained herein. Forward-looking statements involve risks and uncertainties. Words such as "will," "anticipates," "believes," "plans," "goal," "expects," "future," "intends" and similar expressions are used to identify these forward-looking statements. Actual results could differ materially from those anticipated in these forward-looking statements for many reasons, including the risks described in this press release. Such risks include, but are not limited to terrorist activities that may affect our business or the economy in general; lack of success in mining activities; the prices of metals and gemstones; lack of funds to conduct mining activities; increase in costs of production, and similar risks. For further information about the Company, please refer to its materials filed with the Securities and Exchange Commission and available on the SEC website at www.sec.gov